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Permanent  
Change Kerry  
Spackman  
Your Brain  
For  
Permanent  
Change  
Kerry

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and MANIFEST the  
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with your pwb-  
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TEACHINGS of the  
Bible That  
Explain  
Manifestation,

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Consciousness  
& Oneness  
(POWERFUL Info!)

~~I Quit Reading  
The Bible  
Reprogram Your  
Mind While You  
Sleep | "DO  
THIS BEFORE  
BED" Dr. Bruce  
Lipton  
Battlefield of  
the Mind | Joyce  
Meyer (Full~~

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The Winners

~~Audiobook) This  
Book Will Change  
Your Brain For  
Everything!  
(Amazing!)~~

---

Dr Joe Dispenza

- Break the  
Addiction to

Negative

Thoughts \u0026

Emotions

---

\ "It Goes

Straight to Your

Subconscious

Mind\ " - \ "I



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AM\ "Die Rewire

Affirmations For  
Your Brain For  
Success, Wealth  
& Happiness

---

MITCH HOROWITZ:

The Power of  
Auto Suggestion  
to Rewire Your  
Subconscious  
Mind! ABUNDANCE  
Affirmations  
while you SLEEP!  
Program Your  
Mind for WEALTH

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How to Rewire

PROSPERITY.

POWERFUL!!

Rewire Your

Brain with

Scripture - PT

10 | "60 Seconds

for 7 Days" |

Dr. Bruce Lipton

Rewrite Your

MIND (40 Million

Bits/Second) |

Dr. Bruce Lipton

"It Takes 15

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Minutes\ "

Activate Your  
Your Brain For  
Higher Mind for  
Permanent  
Success ☐

Subconscious  
Mind Programming  
☐ Mind/Body  
Integration

#GV128 The  
Wiseest Book Ever  
Written! (Law Of  
Attraction)

\*Learn THIS!  
What was the

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Word of God  
before the  
bible? Kemet  
Science vs  
Christianity Dr  
Wayne Dyer - 5  
Minutes Before  
You Fall Asleep  
- Positive  
Affirmations -  
Wayne Dyer  
Meditation -  
~~Wayne Dyer~~  
~~Meditation~~

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~~Affirmations~~

~~Revised \u0026~~

~~Extended - U.S.~~

~~Andersen - Three~~

~~Magic Words~~

African

Spirituality:

The Divine

Masculine And

Divine Feminine

Explained \ "I

*Can Teach You*

*How to Program*

*The Subconscious*

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Mind\" - Dr.  
Bruce Lipton -  
Your Brain For  
An Eye Opening  
Speech 10 Books  
Every Christian  
Should Read

☐☐ MITCH HOROWITZ:

What "The  
Secret" Never  
Told You About  
the Law of  
Attraction

\u0026 How to  
Really Use It ☐☐

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RUTH SOUKUP: How  
to Declutter  
Your Life \u0026  
Get Things Done!  
| Living Well  
Spending Less  
Planner

---

How to use  
Quantum Physics  
to Make Your  
Dreams Your  
Reality |  
Suzanne Adams |  
TEDxUNO

---

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Winners Bible

success ~~Suzi Q~~

~~The Winners~~

~~Bible.mp4~~ John

~~Piper On Why~~

~~Scripture~~

~~Memorization Is~~

~~Important..~~

---

I AM

Affirmations

while you SLEEP

for Confidence,

Success, Wealth,

Health \u0026



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Spiritual  
Alignment ~~DO THIS~~  
~~Your Brain For~~  
~~To Control Your~~  
~~MIND In MINUTES~~  
~~(Brainwash~~  
~~Yourself For~~  
~~SUCCESS) |~~

~~Marisa Peer~~ *The*  
*Winners Bible*  
*Rewire Your*  
Now you can  
carry your  
Personal  
Winner's Bible

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Bible Review  
Your Brain For  
Permanent  
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Spackman

with you at all  
times. We are  
excited to let  
you know that an  
independent  
third party has  
developed a new  
Winner's Bible  
App for iPhone /  
iPad which is  
now available  
from the App  
Store! #1  
Bestseller 'The

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Spackman. The  
Winner's Bible

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book. Read 11 reviews from the world's largest community for readers. This work focuses on creating lasting change for any person.

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Kerry Spackman  
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brain and

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Change  
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Dr Kerry  
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Your Brain for  
Permanent Change*

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Bible shows you  
how to

permanently

rewire your

brain and

transform your

life using the

same

groundbreaking

tools

neuroscientist

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customized for  
elite athletes,  
Olympic  
champions and  
businesspeople.  
When he was  
asked by a top  
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to help a  
champion driver  
who was  
struggling,  
despite having  
been treated by

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Some of the best  
Sports  
Psychologists,  
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and Counsellors  
available, Dr  
Spackman quickly  
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approach was  
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*Page 26/112*

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*Permanent Change*

by . . . *Your Brain For*

THE WINNERS

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YOUR BRAIN FOR

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TEEXTBOOK

Author: Dr.

Kerry Spackman

Number of Pages:

288 pages

Published Date:

23 Jul 2013

Publisher:

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HarperCollins

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Publication

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Language:

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Your The

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shows you how to

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delivery  
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how to*

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*brain and*

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Bible is rooted  
in proven  
scientific  
research and a  
riveting read  
that will show  
you how to rise  
above your  
natural limits.  
The Winner's  
Bible App REWIRE  
your BRAIN for

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permanent change  
and MANIFEST the  
life you've  
always wanted  
with your pwb-  
App. Rewire your  
brain for  
permanent change

*The Winners  
Bible*

The winner's  
bible : rewire  
your brain for

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permanent  
change. [Kerry  
Spackman] -- A  
ground-breaking  
manual for  
anyone looking  
to seek positive  
lifestyle  
changes. Where  
other self-help  
books have  
failed, The  
Winner's Bible  
provides a tool

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Bible of user-  
friendly methods  
and techniques  
Permanent

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Unshakable  
Belief in  
Yourself. It  
provides a  
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and concise plan  
of how you can  
actually work  
towards and

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condition. What  
an amazing  
realization it  
is to know that  
you get to  
choose. This  
book is

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rewire your

brain and

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life using the

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more...

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App. Now you can  
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with you at all  
times. A brand  
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available in  
German and  
English  
language. The  
pwb-App is  
rooted in proven  
scientific  
research and is  
the practical



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application of  
the  
neuroscientific  
methods

described in The  
Winner's Bible:

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brain for  
permanent  
change, the  
number 1  
bestselling book  
by Dr. Kerry  
Spackman, a long-

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term Formula 1  
consultant and  
neuroscientist.  
Permanent

*Personal Kerry  
Winner's Bible  
App | The*

*Winners Bible*

Share. The

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shows you how to  
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life using the  
same

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neuroscientist  
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Spackman

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elite athletes,  
Olympic

champions and  
businesspeople.

When he was

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asked by a top  
Formula 1 team  
to help a  
champion driver  
who was  
struggling,  
despite having  
been treated by  
some of the best  
Sports  
Psychologists,  
Psychotherapists  
and Counsellors  
available, Dr

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Spackman quickly realised a new approach was needed . . .

Change Kerry

Spackman

Winning is not a "one size fits all" business. Athletes have programmes that are tailored to their unique

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make-up and so  
it's not  
surprising that  
in the much more  
complex game of  
life, you'll  
need a  
personally  
tailored  
programme too.  
Dr. Kerry  
Spackman's  
clients urged  
him to write THE

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## WINNER'S BIBLE

so there would be a book that contains ALL the tools in one place. Now, you can have access to the same information and tools that Kerry's clients have benefited from for the last ten years.

# Access Free The Winners Bible Rewire

This work  
Your Brain For  
focuses on  
Permanent  
creating lasting  
Change  
change for any  
Kerry  
person. It is  
Spackman  
guided by proven  
studies and  
research into  
the field of  
neuroscience by  
a world-class  
expert and shows  
readers how to



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rise above their  
natural limits.  
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Bible shows you  
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life using the  
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available, Dr  
Spackman quickly  
realised a new  
approach was  
needed. this  
approach was so

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Successful, he was soon swamped by demand. the only solution was to write his tools and techniques down in a single, easy to read book so that everyone could have access to the same tools the World

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Champions had.

the Winner's

Bible is a

riveting read

filled with real

life examples

you'll never

forget. Dr

Spackman shows

you how to

"Rewire your

Brain for

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Change". He

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explains why  
most self-help  
books don't work  
and why his  
program does.  
the proof of his  
tools is  
demonstrated in  
the lives of the  
people he's  
changed. A fully  
revised and  
updated edition.

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Is there life after death? Can we prove the big bang theory? In his engrossing and accessible style, Dr Kerry Spackman uses everyday examples to answer these questions and other diverse issues. the Ant

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and the Ferrari

is a magical  
tour-de-force

that takes on

the big Kerry

questions in

life and answers

them in Dr Kerry

Spackman's

easily

accessible

writing style.

this is one of

those rare books



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that will change  
your beliefs -  
and in doing so  
will change your  
life. THE ANT  
AND THE FERRARI  
offers readers a  
clear, navigable  
path through the  
big questions  
that confront us  
all today. What  
is the meaning  
of life? Can we

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The Winners  
Bible Review  
be ethical  
beings in  
Your Brain For  
today's world?  
Permanent  
Can we know if  
Change Kerry  
there is life  
Spackman  
after death? Is  
there such a  
thing as  
Absolute truth?  
What caused the  
Big Bang and why  
should you care?

Named a Most

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Anticipated Book  
of 2020 by Apple  
Books, Literary  
Hub, The  
Millions, and  
The Week An  
indelible novel  
of teenage  
alienation and  
adult  
complacency in  
an unraveling  
world. Pulitzer  
Prize finalist

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Lydia Millet's  
sublime new  
novel—her first  
since the

National Book  
Award long-  
listed Sweet

Lamb of

Heaven—follows a  
group of twelve  
eerily mature  
children on a  
forced vacation  
with their

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families at a  
sprawling  
lakeside  
mansion.

Contemptuous of  
their parents,  
who pass their  
days in a stupor  
of liquor,  
drugs, and sex,  
the children  
feel neglected  
and suffocated  
at the same

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time. When a destructive storm descends on the summer estate, the group's ringleaders—including Eve, who narrates the story—decide to run away, leading the younger ones on a dangerous

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foray into the  
apocalyptic  
chaos outside.  
As the scenes of  
devastation  
begin to mimic  
events in the  
dog-eared  
picture Bible  
carried around  
by her beloved  
little brother,  
Eve devotes  
herself to

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Keeping him safe  
from harm. A  
Children's Bible  
is a prophetic,  
heartbreaking  
story of  
generational  
divide—and a  
haunting vision  
of what awaits  
us on the far  
side of  
Revelation.



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Have you ever  
felt stuck in  
your Christian  
life? Have you  
wondered if the  
abundant life  
Jesus promised  
is really  
available for  
you right here  
and right now?  
If you answered  
yes to either of  
these questions,

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then this book  
is for you. This  
book will help  
you identify the  
spiritual growth  
barriers that  
are keeping you  
stuck as well as  
show you the way  
to experience  
more of the  
abundant life: a  
life  
characterized by

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more love, joy,  
peace, and hope  
than you ever  
dreamed possible  
before. Ken  
Baugh draws us  
into the inner  
workings of the  
brain and the  
heart, which  
inform how we  
process negative  
and traumatic  
experiences, but

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which also can  
be diverted from  
health and  
wholeness by  
such negative  
experiences. How  
we process hard  
things  
intellectually  
and spiritually  
recalibrates us  
toward either  
health and  
wholeness or

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bitterness and  
defeatism. Ken  
helps us rewire  
our brains by  
simmering in the  
Scriptures that  
remind us whom  
we belong to and  
what God has  
promised us. The  
end result is a  
resilient,  
robust faith  
prepared to

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weather every  
storm and keep  
in step with  
Jesus.

Change Kerry  
THE REAL PATH TO  
BRAIN

HEALTH--BASED ON  
CUTTING-EDGE  
BRAIN SCIENCE

Let's face it:  
you want to keep  
your brain in  
great shape. But

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But how do you sift through the clutter of information and media coverage in order to find the facts? The Brain Bible One of today's leading experts on brain health, Dr. John Arden tells it straight: There

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is no single  
remedy for  
maintaining  
sharp mindedness  
into old age.  
But there are a  
lot of things  
you can do that,  
over the course  
of time, will  
work wonders.  
It's not about  
adding one  
activity or



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breaking one habit -- it's about making many small, simple changes in your everyday routine. Dr. Arden culls the latest findings in neuroscience, cognitive psychology, gerontology, and many other

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Sciences and

puts them all  
together into a  
smart,

actionable,

science-based

plan. Basing his

conclusions on

cutting-edge

research, Dr.

Arden has broken

down the vast

amount of

confusing and

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Sometimes  
conflicting  
Your Brain For  
brain data into  
Permanent  
the five crucial  
Brain Bible  
factors you need  
Spackman  
to be mindful  
of: Education -  
Read and keep  
your brain  
active Diet -  
What you eat and  
drink directly  
affects your

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Brain health  
Exercise -  
Your Brain For  
Starting a  
Permanent  
fitness routine  
is simpler than  
you think  
Relationships -  
The love of  
friends and  
family has a  
strong healing  
power Sleep -  
Get enough but  
not too much

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sleep Here are  
just a few  
samples of Dr.  
Arden's tips for  
improving your  
brain health:  
Drink water even  
when you're not  
thirsty Take the  
stairs instead  
of the elevator  
Laugh a lot  
Don't drink  
alcohol before

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going to bed Eat  
fish at least  
twice a week If  
you want to keep  
your brain  
sharp--and who  
doesn't?--The  
Brain Bible is  
packed with the  
simple lifestyle  
changes you will  
want to make.  
After exploring  
the five Brain

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Bible factors,  
Dr. Arden shares  
indispensable  
advice on how to  
lower your  
everyday stress  
level. Then he  
provides the  
7-Day Brain  
Bible Jumpstart  
Plan you can use  
to start  
changing your  
lifestyle and

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improving your  
brain today. The  
Brain Bible can  
help make your  
brain--and your  
life--better  
than ever.

PRAISE FOR THE  
BRAIN BIBLE:  
"Successful  
aging just  
doesn't  
happen--it takes  
knowledge,



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wisdom, and  
action. Read  
this book and  
let Dr. John  
Arden take you  
on a fascinating  
and very human  
journey through  
the science and  
steps to healthy  
aging." -- Louis  
Cozolino, PhD,  
Pepperdine  
University,

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author of The  
Neuroscience of  
Your Brain For  
Human  
Relationships  
and The Kerry  
Neuroscience of  
Spackman  
Psychotherapy  
"In The Brain  
Bible, Dr. John  
Arden provides  
an uplifting  
read.... This  
book is as  
scientifically

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rigorous as it  
is lively and  
accessible, and  
it is peppered  
with fascinating  
stories about  
real people and  
the things they  
do or do not do  
that affect  
their health and  
longevity.

Building on the  
latest

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biomedical and psychosocial research, Arden beautifully describes the lifestyle factors we can control that have enormous effects on the length and quality of our lives. This is a must-read." --

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The Winners

Ian H. Rewire

Robertson, PhD,  
Trinity College,  
author of The

Winner Effect

"This book  
translates the  
latest

developments  
from the  
abstruse world  
of the

neurological  
sciences into

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accessible, real-

world guidance

for those who

are sharp enough

to choose to

remain sharp.

Essential

reading." --

John Soderlund,

counseling

psychologist and

publishing

editor, New

Therapist "If

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You want to  
redefine the  
aging process so  
you can be what  
you want to be  
instead of what  
you have  
observed, read  
this book to  
have ample  
guidance for  
healthy  
longevity." --  
Charlotte A.

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Tomaino, PhD,

author of  
Your Brain For  
Awakening the  
Brain

Change Kerry

Break the cycle  
of doubting  
yourself, take  
God at His word,  
and talk back  
with truth - a  
new message of  
freedom from  
bestselling



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coauthor of Wild  
and Free Hayley  
Morgan. We know  
Christ came to  
speak life, but  
then how come  
our inner critic  
keeps showing up  
and stealing the  
mic? If we're  
honest, she's a  
harsh one,  
saying things  
we'd never dream

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of saying to  
others: You'll  
never measure  
up, you'll fail  
again tomorrow,  
you just can't  
get it right. It  
has been said  
that the  
eighteen inches  
from head to  
heart is the  
soul's longest  
journey. Our

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head knows the  
good news is  
true, but our  
heart struggles  
to believe it,  
and it is in  
this gap that we  
battle to  
believe the  
promises of God.  
Hayley Morgan,  
coauthor of  
bestselling book  
Wild and Free,

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Bible Review  
has wrestled  
with this  
tension her  
whole life. In  
Preach to  
Yourself, she  
tackles it head-  
on to discover  
how we can renew  
our minds to  
renew our lives.  
For every woman  
who struggles  
with repetitive,

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negative self-talk, this book will show you how to identify the toxic loops where you get stuck and replace them with the truth of God we can believe with our whole selves. This is not a “try harder”

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reprimand, it's  
a “believe  
better”

invitation: to  
take God at His  
word when He  
tells you who  
you are. Come  
along and learn  
a simple  
practice to  
break free from  
the lies holding  
you back, and

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Bible Review

step forward  
into the  
fullness of life  
God has planned.

Change Kerry

Do you want to  
improve your  
relationships  
and experience  
lasting personal  
change? Join  
Curt Thompson,  
M.D., on an  
amazing journey

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to discover the

surprising

pathways for

transformation

hidden inside

your own mind.

Integrating new

findings in

neuroscience and

attachment with

Christian

spirituality,

Dr. Thompson

reveals how it



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is possible to  
rewire your  
mind, altering  
your brain  
patterns and  
literally making  
you more like  
the person God  
intended you to  
be. Explaining  
discoveries  
about the brain  
in layman's  
terms, he shows

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how you can be  
mentally  
transformed  
through  
spiritual  
practices,  
interaction with  
Scripture, and  
connections with  
other people. He  
also provides  
practical  
exercises to  
help you

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Bible Review

experience  
healing in areas  
where you've  
been struggling.

Insightful and  
challenging,  
Anatomy of the  
Soul illustrates  
how learning  
about one of  
God's most  
miraculous  
creations—your  
brain—can enrich

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your life, your  
relationships,  
and your impact  
on the world  
around you.

Spackman

Trade Negative  
Thinking for  
Confident,  
Fearless Living  
Most of us don't  
realize that we  
have a  
surprising

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The Winners  
amount of  
control over our  
own thoughts and  
behaviors and  
can  
unintentionally  
influence our  
brains  
negatively,  
causing cycles  
of bad choices  
and experiences.  
The ReWired  
Brain offers a

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clear framework  
for  
understanding  
our brains and  
the decisions we  
make, showing  
how certain  
fears and  
instincts drive  
unhealthy  
emotional  
dysfunctions and  
related  
behavioral

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The Winners

patterns in the  
most important  
areas of life.

This book shows

how to reframe

negative

experiences,

experience

emotional and

spiritual

healing, and

ultimately

rewire our

brains,

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The Winners  
empowering to  
live fearlessly.  
Your Brain For  
Permanent  
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